

Medical History

Date _____

Name _____ **Date of Birth** _____

Allergies to Medications, X-Ray Dyes, or Other Substances: _____

Past Medical History: Please circle if you *are being or have been* treated for any of the following:

- | | | | | |
|-----------------|--------------|-----------------|-----------------------|-------------|
| Arthritis | Asthma | Ulcers | Kidney Disease/Stones | Blood Clots |
| Diabetes | Pneumonia | Anemia | High Blood Pressure | Migraine |
| Cancer | Tuberculosis | Polyps | Gallblader Disease | Gout |
| Heart Disease | Hay Fever | Liver Disease | Alcohol Abuse | Anxiety |
| Rheumatic Fever | Allergies | Thyroid Disease | Substance Abuse | Depression |
| HIV/AIDS | Hepatitis | Colitis | Skin Disease | Other _____ |
| Blood Disorders | | | Venereal Diseases | |

Have you ever had:

- | | | | | | | | |
|-------------|---|---|--------------------|---------------|---|---|--------------------|
| Stress Test | Y | N | If yes, date _____ | Cardiac Cath. | Y | N | If yes, date _____ |
| Flex Sig. | Y | N | If yes, date _____ | Colonoscopy | Y | N | If yes, date _____ |
| Endoscopy | Y | N | If yes, date _____ | | | | |

When was your last:

Cholesterol Check _____ Stool Check for Blood _____ Prostate Check _____

Review of Systems: Please circle if you are currently having any of the following:

General:

- | | | | | | |
|--------------------|--------------|-------------------|---------------------------|--------|----------|
| Weight Loss / Gain | Fever | Sleep Apnea | Loss of Appetite | Rash | Fatigue |
| Anxiety | Depression | Sleep Disturbance | Sleepiness During Daytime | Chills | Insomnia |
| Easy Bruising | Skin Lesions | Other _____ | | | |

Neurological:

- | | | | | |
|-----------|-----------|--------------------|-------------------|---------------------|
| Headaches | Numbness | Changes in Hearing | Changes in Vision | Last Eye Exam _____ |
| Tingling | Dizziness | Lightheadedness | Changes in Gait | |

Cardiovascular:

- | | | | | |
|---------------------|----------------|--|---|---|
| Chest Pain | Palpitations | Heart Murmur: Do you take antibiotics before dental exams? | Y | N |
| Shortness of Breath | Swollen Ankles | | | |

Respiratory

- | | | | | | |
|-------------------|--------------|--------------------|---|---|---------------------|
| Wheezing | Shortness of | Nasal Discharge? | Y | N | If yes, color _____ |
| Painful Breathing | Breath | Cough? Productive? | Y | N | If yes, color _____ |

Gastrointestinal:

- | | | | | | |
|----------------|-----------------|----------------------|------------------------|-----------|--------|
| Indigestion | Rectal Bleeding | Black / Tarry Stools | Change in Bowel Habits | Heartburn | Reflux |
| Abdominal pain | Nausea | Vomiting | Hemorrhoids | | |

Genitourinary:

- | | | |
|-----------|------------------------|--|
| Frequency | Burning with Urination | Getting Up During the Night to Urinate |
| Urgency | Changes in Sex Drive | Incontinence: stress or urge |
| | Erectile Dysfunction | |

Musculoskeletal:

- | | | | |
|-----------|------------|--------------|-----------|
| Bone Pain | Joint Pain | Muscle Aches | Arthritis |
|-----------|------------|--------------|-----------|

Notes:

Gynecologic and Obstetric History

Age at onset of periods: _____ Frequency: _____ Length of Periods: _____
Pregnancies: _____ Births: _____ Miscarriages: _____

Are you using birth control? Y N If yes, which method? _____

Do you have any of the following:

Prolonged Bleeding Abnormal Bleeding
Leakage of Urine Pelvic pain Abnormal Discharge History of abnormal Pap Smear

When was your last: Pap Smear _____ Mammogram _____
Period _____ Breast Check _____ DEXA Scan (bone density) _____

Operations: _____

Hospitalizations (Other than for surgery): _____

Lifestyle

	Yes	No		
Do you wear seatbelts?	_____	_____	If no, why not?	_____
Do you wear a bike helmet?	_____	_____	_____ n/a If no, why not?	_____
Do you exercise regularly?	_____	_____	If yes, type & duration per week	_____
Do you smoke / chew tobacco?	_____	_____	If yes, how many packs per day?	_____
Do you drink alcoholic beverages?	_____	_____	If yes, how much per week?	_____
Do you drink tea?	_____	_____	If yes, how many cups per day?	_____
Do you drink coffee?	_____	_____	If yes, how many cups per day?	_____
Do you wish to be tested for AIDS?	_____	_____		
Do you have a living will?	_____	_____		
Have you had blood transfusions?	_____	_____		

Immunization History: Have you had any of the following:

Hepatitis A	Y	N	Date _____	Hepatitis B	Y	N	Date _____
Pneumovax	Y	N	Date _____	Flu	Y	N	Date _____
Tetanus	Y	N	Date _____	Other			_____

Past Family History: Have any members of your family (parents, grandparents, & siblings) ever had any of the following?

Illness	Family Member(s)	Age Diagnosed
Cancer	_____	_____
Hypertension (High Blood Pressure)	_____	_____
Heart Disease	_____	_____
Diabetes	_____	_____
Strokes	_____	_____
Mental Disease (Anxiety/Depression)	_____	_____
Drug or Alcohol Addiction	_____	_____
Glaucoma	_____	_____
Bleeding Diseases	_____	_____
Other: _____	_____	_____